**A logo with mountains in the background

Description automatically generatedJohn Bursell MD David Brown MD Gustavo Garcia MD Meghan Lindquist PA-C**

**Charles Hightower MD**

**PATIENT INSTRUCTIONS**

**You will be provided with hearing protection during your scan. You are required to use the earplugs and/or headphones provided to you during your MRI as the noise levels may affect your hearing (if these provided hearing protection devices are not utilized.)**

1. **If you are taking medication for claustrophobia for your MRI scan, be aware that you will be unable to drive for 12 hours after taking it. This will require you to arrange for a ride prior to coming in for the appointment. If you do not have reliable transportation, your MRI scan may be rescheduled to a future date. This also may result in a "No Show/Cancellation fee"**
2. **Remove all jewelry and piercings (e.g., necklaces, pins, rings) BEFORE arriving.**
3. **Remove all body piercings BEFORE arriving.**
4. **Remove all hair pins, bobby pins, barrettes, clips, etc. BEFORE arriving.**
5. **Remove all dentures, false teeth, partial dental plates before entering the scan environment.**
6. **You will remove hearing aids BEFORE entering the scan environment**
7. **Remove watches, cell phones. Leave those items in the dressing room**
8. **Remove all cards with magnetic strips (e.g., credit cards, bank cards, etc.) Leave in the dressing room**
9. **Remove all glucose monitors, and like products.**
10. **If you wear medication patches, you are REQUIRED to consult with your ordering provider about the removal during MRI exam.**
11. **Please do not arrive with wet hair as it may interfere with the quality of the scan and/or cause harm.**
12. **Because some clothing may contain metal even when not apparent, the MR technologist will instruct you to remove all clothing and worn/removable items from your body. MR Safe clothing will be provided for you to wear during your MRI scan. This is being done to help ensure your safety during the examination.**
13. **If you are unable to remove any of the above items, please notify the MRI technologist.**
14. **If you wear incontinence garments, please advise technologist if it becomes soiled during exam.**
15. **Do not arrive with lotions, body sprays/ glitter make-up, dry shampoos or eye make-up.**
16. **If you are scheduled for hand MRI, please remove nail polish**
17. **Remove any kinetic tape**
18. **This diagnostic test will take place at our office Juneau Bone & Joint Center unless otherwise arranged by MRI scheduler.**

**Scheduled MRI: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Follow-up: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

***Please show up at least 10 minutes early as your MRI begins at the scheduled time.***

***\*\* If you happen to be running late, please notify MRI scheduler at 907-364-2675\*\****

**Updated 2025**